

St. Joan of Arc Parish
Religious Education Program



Student Prayer
Guide
2025/2026



Parent Information Regarding This Prayer Book

Dear Parents,

In this booklet you will find all the prayers and some of the information your child will be expected to know at his/her grade level. Please go over the prayers and information with your child daily.

The Catechism of the Catholic Church tells us, "personal prayer is important in the promotion of our living relationship as children of God with our Father who is goodness itself, with Jesus Christ his Son and our redeemer, and with the Holy Spirit our Sanctifier. A life of prayer is the habit of being in the presence of the thrice-holy God and in communion with him." (cf CCC, n 2565). St. Paul in his letter to the Thessalonians says, "Pray without ceasing. In all circumstances give thanks, for this is the will of God for you in Christ Jesus" (1 Thes 5:17-18).

Teaching your children these prayers and helping them grow in grace and knowledge before God is a tremendous task. We are very glad to share it with you!

Thank you so much! God bless!
Julie Dillenburg, DRE

Prayers and Curriculum Guide by Grade

Please make sure your child memorizes the following according to grade level -

Grades K - 2

By Second Grade students should be able to recite the following prayers:

The Sign of the Cross

† In the name of the Father and of the Son and of the Holy Spirit. Amen.

Our Father

Our Father, who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil. Amen.

Hail Mary

Hail Mary full of grace!
The Lord is with thee. Blessed are thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners, now and at the hour of our death. Amen.



Grades K - 2, Continued

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now, and ever shall be, world without end. Amen.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

Students should also know the following information:

1. The Bible has two parts -
Old Testament and New Testament



2. The season of the Liturgical Church Year
and their colors:
Advent - Purple
Christmas - White
Lent - Purple
Easter - White
Ordinary Time - Green
3. There are Seven Sacraments

4. The word Eucharist means "to give thanks."
5. Name the three persons of the Trinity - God the Father, God the Son and God the Holy Spirit.
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Grades 3 - 5

By Fifth Grade students should know all the information and prayers from the previous grades and be able to recite the following prayers as well as give the information contained in this section:

The Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father, through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.



3. The Ten Commandments

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

4. The Beatitudes

Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Blessed are they who mourn,
for they will be comforted.

Blessed are the meek,
for they will inherit the land.

Blessed are they who hunger and thirst for righteousness,
for they will be satisfied.

Blessed are the merciful,
for they will be shown mercy.

Blessed are the pure of heart,
for they will see God.

Blessed are the peacemakers,
for they will be called children of God.

Blessed are they who are persecuted
for the sake of righteousness,
for theirs is the kingdom of heaven.

The Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven, and is seated
at the right of God the Father almighty;
from there He will come to judge the
living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

The Prayers of the Rosary

The Apostles' Creed, Our Father, Hail Mary and
Glory Be as well as:

The Fatima Prayer (said after each decade)

O my Jesus, forgive us our sins,
save us from the fires of Hell.
Lead all souls to Heaven, especially those who
are in most need of thy mercy.
Amen.



Rosary Prayers, Continued...

Hail Holy Queen (said at the end of the Rosary)

Hail holy Queen, Mother of mercy, hail, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us. And after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God;

R. That we may be made worthy of the promises of Christ. Amen.

Students should also know the following information:

1. The two main parts of the Mass are:

The Liturgy of the Word
The Liturgy of the Eucharist

2. The Seven Sacraments are:
Sacraments of Initiation

Baptism
Eucharist
Confirmation

Sacraments of Healing:

Reconciliation
Anointing of the Sick

Sacraments of Service

Holy Orders
Matrimony

Grades 6 - 8

By Eighth Grade students should know all information and prayers from previous grades as well as give the following information:

1. Recite the Theological and Cardinal Virtues

a. Theological Virtues

faith, hope and charity

b. Cardinal Virtues

prudence, justice, fortitude and temperance

2. Recognize the 4 Marks of the Church

one, holy, Catholic and Apostolic

3. Recite the Gifts of the Holy Spirit:

Wisdom

Understanding

Counsel

Knowledge

Fortitude

Piety

Awe or Fear of the Lord

4. Know the following:

a. Definitions, signs, and symbols of the seven sacraments.

b. Proper ministers of the seven sacraments.

c. Proper disposition for receiving the seven sacraments.

Grades 6 - 8, Continued

5. Know that the Church teaches that the Eucharist is a

- a. Celebration
- b. Thanksgiving
- c. Sacrifice
- d. Memorial
- e. Paschal banquet



6. Know the responsibilities of being a member of the Catholic Church by learning the following

The Precepts of the Church

- a. You shall attend Mass on Sundays and Holy days of Obligation.
- b. You shall confess your sins at least once a year.
- c. You shall humbly receive the Lord Jesus in Holy communion at least during the Easter season.
- d. You shall observe the Holy Days of Obligation.
- e. You shall observe the prescribed days of fasting and abstinence.
- f. The faithful have the obligation of supporting the Church.

Additional Prayers and Information :

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side: to light and guard, to rule and guide. Amen.

Grace Before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty through Christ our Lord. Amen.

Grace After Meals

We give you thanks, Almighty God for Thy benefits, who lives and reigns forever; and may the souls of the faithful departed rest in peace. Amen.

Prayer to the Holy Spirit

Come Holy Spirit and fill the hearts of Thy faithful and enkindle in them the fire of Thy love.

Send forth Thy Spirit and thou shall renew the face of the earth. Amen.

Holy Days of Obligation

- The Solemnity of Mary, January 1
- Ascension Thursday (forty days after Easter)
- Assumption of the Blessed Virgin Mary, August 15
 - Solemnity of All Saints, November 1
 - Immaculate Conception, December 8
 - Christmas, December 25

